1 Before surgery	If my circumstances change or to update my details: Name: Contact number: Email: If I feel unwell 3 days before my surgery I can call: Name: Contact number: Email:
2 Day of surgery	If I feel unwell the day of my surgery or I am running late I can call: Hospital contact number: Ward:
3 After surgery	If something goes wrong at home: Name: Contact number: Who do I contact about my follow-up appointment: Name: Contact number: Email:
Notes	

Please see page 2 for contacts if you have questions about your signs and symptoms

My Surgical Journey

Who to contact

RIA

Safer Care Victoria

	,	
Other contacts for example additional services at home	Name:	
	Number:	
	Email:	
	Name:	
	Number: (
	Email:	
	Name:	
	Number: (
	Email:	
	Name:	
	Number: (
	Email:	
	Name:	
	Number: (
	Email:	

If you are unsure what to do or who to call about your signs and symptoms, you can contact:



Your local doctor/GP

If you don't have one you can use the HealthDirect Service finder

<https://www. healthdirect.gov.au/ australian-healthservices>



PPCC

Visit a Priority Primary Care Centre – Better Health Channel

<https://www. betterhealth.vic.gov.au/ priority-primary-carecentres>



NURSE-ON-CALL

NURSE-ON-CALL for assistance and advice from a registered nurse 24 hours a day call 1300 60 60 24



VVED

Visit Victorian Virtual Emergency Department, a public health service to treat non-life-threatening emergencies <https://www.vved.org.au>



Triple Zero

If you think your situation is an emergency, you should always call Triple Zero (000) or go to an **emergency department** or **urgent care centre**