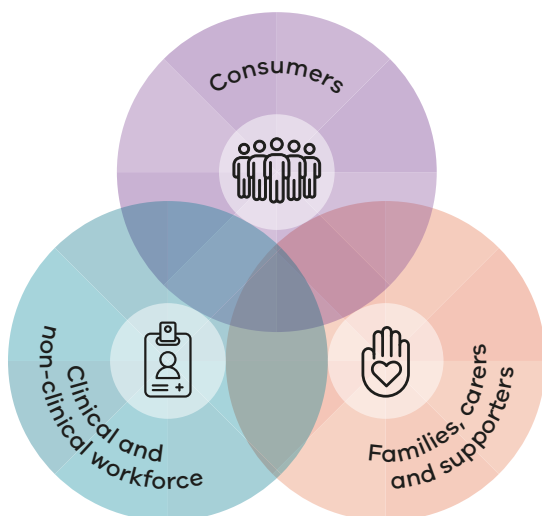


# Mental Health Improvement Program

## Victoria's Mental Health Improvement Program

The experience of care, quality and safety in Victoria's mental health and wellbeing services is transforming with the support of Safer Care Victoria's Mental Health Improvement Program (MHIP).

Together with the MHIP, clinical and non-clinical workforce teams are putting reform in action through strong partnerships with consumers, their families, carers and supporters.



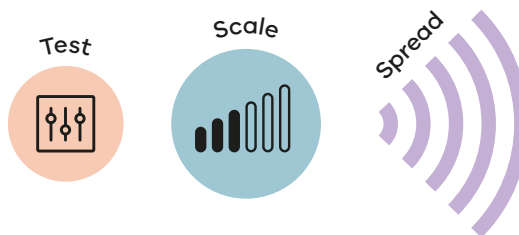
The MHIP was established from the Royal Commission into Victoria's Mental Health System in 2021 to support much-needed reform in mental health and wellbeing services.

### How the program works

The MHIP supports mental health reform by creating partnerships with services as they focus on quality improvements. The MHIP helps services as they equip their workforce with confidence, capability, resources and tools to make improvements to the quality and experience of care and safety for consumers, their families, carers and supporters and to support safer workplaces for the clinical and non-clinical workforces.

Leveraging the expertise and knowledge of people who work in mental health and wellbeing every day, the MHIP actively supports services to drive localised changes and improvements within their own settings.

Together, through testing phases, participating services and the MHIP are building evidence for what improvements work and have lasting impact. The MHIP will share learnings with more services to continue to improve quality and experience of care and safety across Victoria now and into the future.



#### Sensitive content warning

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## A connected approach

The MHIP team are part of Safer Care Victoria and are led by Victoria's Chief and Deputy Mental Health Nurses. The MHIP leverages the strong expertise, guided by evidence-based practice frameworks, in the mental health and wellbeing workforce to help make reform possible.

The MHIP champions the voice and perspectives of people with Lived and Living Experience in reform. They support services to increase opportunities for consumers, their families, carers and supporters, and members of the Lived and Living Experience workforce to help shape improvements.

The MHIP works closely with Department of Health, which is supporting other Royal Commission recommendations, and together are supporting services to transform the mental health and wellbeing experience by 2031.

## Supporting services to make lasting improvements

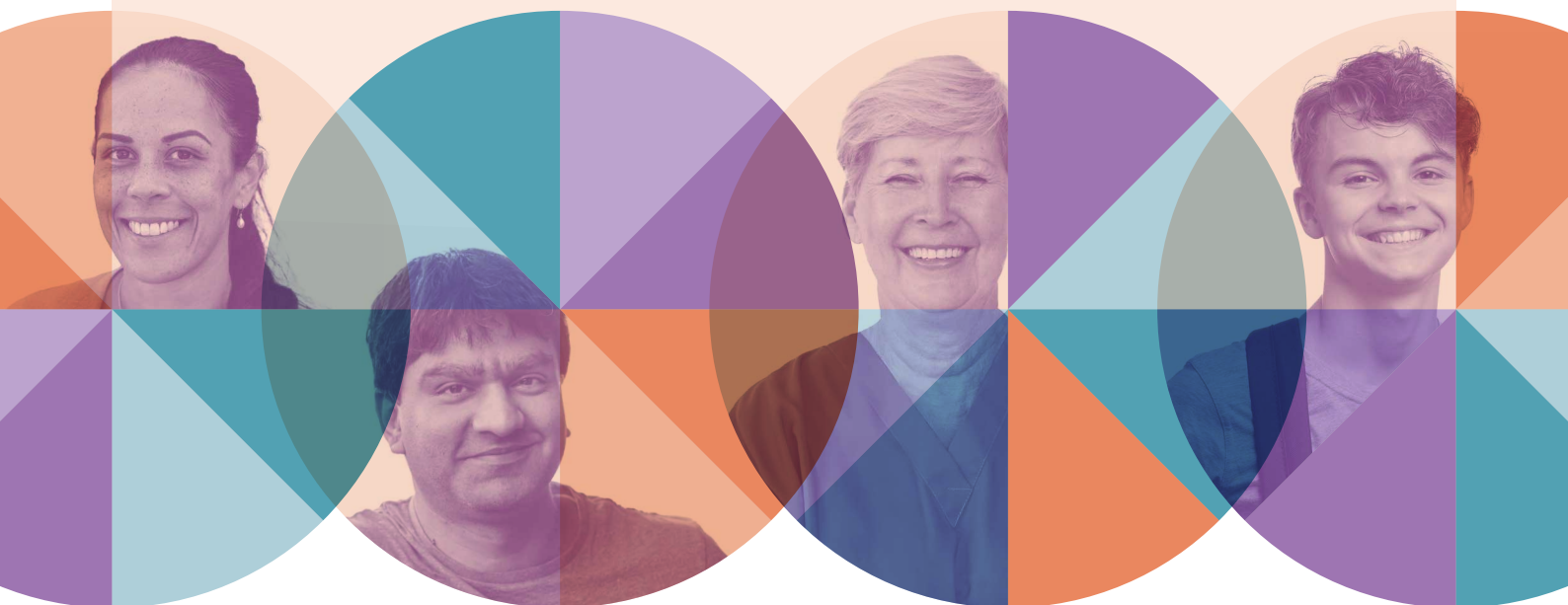
The MHIP support people in mental health and wellbeing services in using co-design methods to create ideas for improvement, and in using improvement science methodology to test and adapt changes as they are trialled.

The clinical and non-clinical workforces within services focus on making small, incremental changes and MHIP help with data capture and measurement, coaching, change leadership and implementation planning.

## Key reform initiatives

The MHIP is currently working with 34 teams across 15 mental health and wellbeing services in Victoria to support them as they lead change via four key initiatives:

1. Towards elimination of restrictive practice
2. Improving sexual safety in in-patient services
3. Reducing compulsory treatment
4. Adoption of the Zero Suicide Framework



## Four MHIP key initiatives

### Working towards the elimination of restrictive practices like seclusion and physical restraint in inpatient services

The Towards Elimination of Restrictive Practice initiative has worked with 12 services through the initial design and test stages. Participating mental health and wellbeing service teams have shared their insights on the successes and challenges of tested changes at a June 2024 Summative event and planning is underway for partnering with additional services.

### Driving a program to improve sexual safety in mental health inpatient units

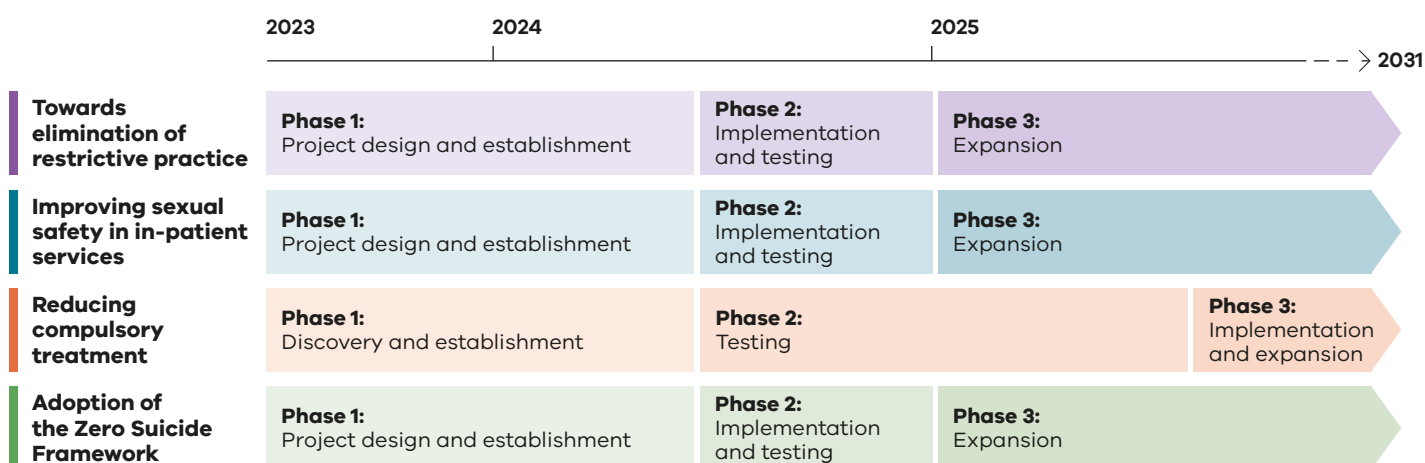
The Improving Sexual Safety initiative includes six participating mental health inpatient units. Together, they are evaluating most impactful changes following an initial testing phase in late 2023, with a view to introducing improvements in 2025.

### Reducing compulsory treatment

The Reducing Compulsory Treatment initiative has collaborated with six mental health services to design and discover eight potential change packages that will be tested into 2025.

### Helping services adopt the Zero Suicide Framework

Four services are currently working on adopting the globally recognised framework which sets out proven tools, processes and practices that help services improve the experience of care they can provide to consumers with suicidal thoughts, their families and carers. Through seven focus areas, the framework aims to build the capability and confidence of their workforce.



### Questions?

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